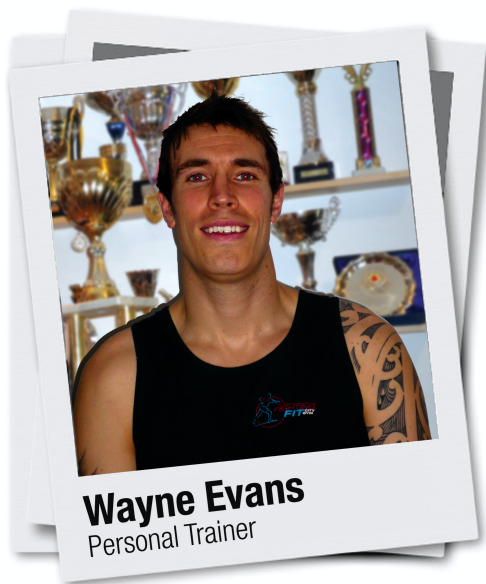


TRAINER PROFILE

WAYNE EVANS



Wayne Evans
Personal Trainer

QUALIFICATIONS

GB Fitness Advanced Gym Instructor
ABA Assistant Boxing Coach
NVQ Level 2 Exercise to Music Instructor

EXPERTISE

- Sports Conditioning,
- Boxing Coaching,
- Fat Loss and Body Toning

PERSONAL STATEMENT

I have a great passion for personal training and helping my clients reach their goals and get the results they want. I have been training myself for 10 years now in kickboxing and boxing, my training helped me change my life and made me the person I am today.



EXPERIENCE

I have fought all over Europe with the English National Kickboxing Team. In 2005 my kickboxing career hit a high as I won the European Belt. Following this I boxed as an amateur for Priory Park ABC winning 10 out of 16 bouts and reaching two midland finals. During this time I sparred with lots of top boxers who have won Midland, British and World Titles.



REFERENCE'S

'Wayne's the best trainer I've ever had. My body looks and feels great, recently boxed on a Charity Boxing event, what a night'

GLYNN PURNELL Celebrity Chef

'I have been training with Wayne for 1 year. With his guidance, motivation and bluntness I have lost 3 stone'

GORDON DAVIDSON Programme Director, Kerrang Radio

CONTACT

MOBILE 07515 511 519

SESSION PRICE

NEGOTIABLE

Please call for more details & information