



**Fighting Fit City Gym**

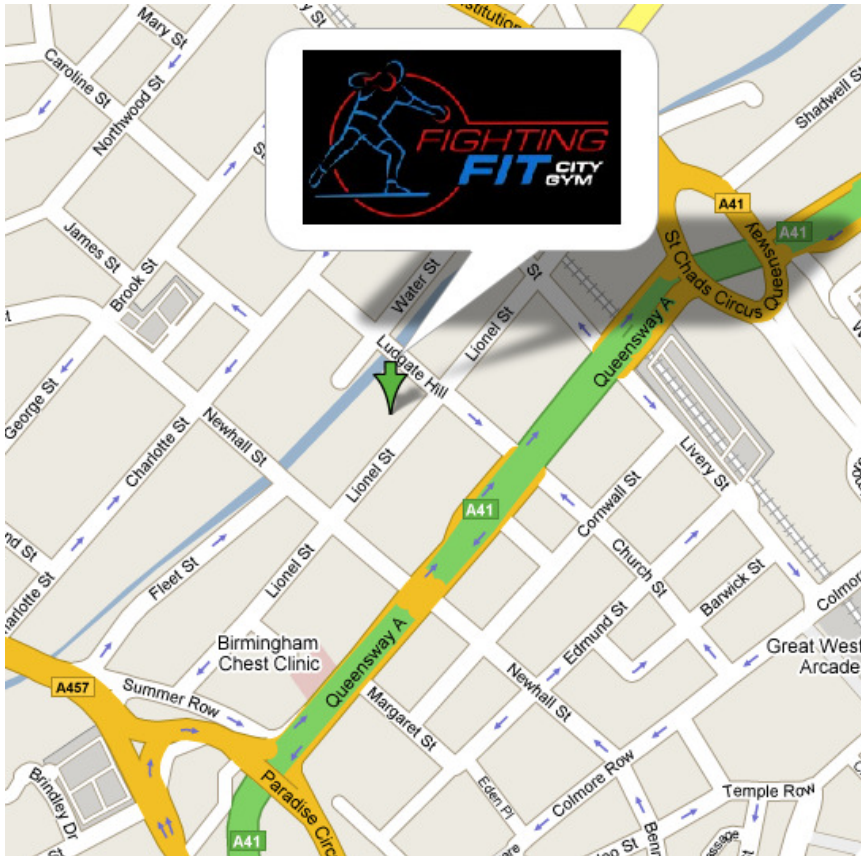
Ground Floor, Cornwall House, 31 Lionel Street, Birmingham, B3 1AP

Tel: 0121 212 9461

Email: [info@fightingfitcitygym.com](mailto:info@fightingfitcitygym.com)

**Birmingham's newest and totally  
unique gym experience**

## Location Map



## Directions

**By Train** – The gym is a short 5 minute walk from Snow Hill Station

**By Bus** – Paradise Street is only 500m from the gym and from here you can catch buses all over Birmingham

**By Car**

**From A38 Aston Expressway** – Follow the A38 towards the Queensway Tunnel, just before entering the tunnel bear left and take the first left into New Market Street then the next right into Cornwall Street. Then take the next right into Newhall Street, cross over the Queensway and take the next right into Lionel Street. The gym is at the bottom of the hill on the left hand side.

**From A38 Bristol Street** – Head for the A38M and when you leave the Queensway Tunnel immediately cross to the left hand lane (beware of merging traffic from your left) and take the first left into Livery Street then take the next left into Lionel Street. As you come to the crossroads you will see the Gym across the road and on your right hand side.

Parking is only available in metered bays (Monday – Saturday until 6pm) however some free spaces outside the gym may be available on Saturdays. Parking is free on Sundays